

Pronunciation Pack Instructions

How to Use for Self-Study

When it comes to improving pronunciation, there is no substitute for face time with a real, live teacher. While video lessons are better than nothing, it's extremely useful to work with a teacher in person, to be able to see the mouth of the native speaker, and to hear every sound without any lag or electronic distortion.

That said, you can still do some effective practice on your own, *without a teacher*, using the materials in this pronunciation pack. The following forms of practice will be useful to you.

Self-Study Practice Activities

- ✓ Listen to the audio again and again, internalizing it and familiarizing yourself with every sound. Refer to the PDF between listens to remind yourself how the difficult syllables are spelled in pinyin and what the tones are. Also make sure you know what each word and phrase means; *don't just memorize meaningless syllables*.
- ✓ Listen and repeat aloud, making use of the pauses in between words. Refer to the PDF if necessary at first, but try to rely entirely on your listening skills when repeating each word.
- ✓ After thoroughly familiarizing yourself with the audio material, try to say each word at the same time as the recording, with the same intonation and same length. This is known as "shadowing." Refer to the PDF if necessary at first, but try to rely on your memory if you can.
- ✓ Record yourself reading the PDF, and compare your pronunciation to the MP3 audio. Better yet, record yourself repeating each word as you play the audio, so that both are part of your recording, and compare the two.
- ✓ For every practice session, write down questions and difficulties you have. When you finally have some one-on-one time with a teacher, ask all these questions and try to get more feedback!

Remember: your self-study will be most effective when combined with exposure to native speakers. Even if it's not a teacher, and even if you don't have a clear plan, try to work towards the eventual goal of getting feedback on your progress from native speakers.

How to Use with a Teacher

The materials in this pronunciation pack will be most effective when combined with real-time, live feedback from a teacher. Of course, any teacher can provide pronunciation feedback without the need for a “Pronunciation Pack,” but the real advantage of combining the two is that you have a standard list which you can work on in your own time (and the audio is really essential for this), and then also combine that with real-time feedback from your teacher.

For ideas on how to use the Pronunciation Pack materials on your own, see the previous section. The following forms of practice can be performed with a teacher.

1-on-1 Practice Activities

- ✓ Read each word or phrase for your teacher. Your teacher will repeat it, correcting any mistakes. Repeat after your teacher, imitating her pronunciation as closely as possible.
- ✓ Read the word or phrase, slowly at first. Repeat it if your teacher corrects you. Once you have the correct pronunciation, keep repeating the word or phrase while increasing your rate of speech. Work up to saying the word or phrase *correctly*, at a natural rate of speech (or even a little quickly).
- ✓ Use each word or phrase in a sentence that you might actually say. (Putting the words or phrases in a larger context often increases the challenge substantially.) Your teacher will repeat the sentence, correcting any mistakes. Repeat after your teacher, imitating her pronunciation as closely as possible.
- ✓ Choose one of the word lists. Your teacher will ask you some questions related to those words. Answer the questions using words and phrases from the list. Your teacher will repeat the sentence, correcting any mistakes. Repeat after your teacher, imitating her pronunciation as closely as possible.

Remember: practice with a trained teacher will be most effective when combined with exposure to native speakers and self-study.

如何跟老师一起使用发音包

结合老师的实时反馈，发音才会最有效。当然，没有发音包老师仍然可以为學生提供发音方面的反馈。但是，两者相结合的真正优势是：学生有了这些发音练习表以后，可以利用个人时间按照发音练习表进行练习（此时音频很有必要），然后在课堂上把学生的练习和老师的实时反馈结合起来。

如何使用发音包材料，请参考之前的部分。学生可以和老师一起做下面的练习。

一对一练习

- ✓ 学生把每个单词或词组读给老师听。老师将会重复它的发音并纠正学生的错误。学生要跟着老师重读，尽可能地模仿老师的发音。
- ✓ 首先，学生慢慢地读单词或词组，如果被老师纠正了，就再读一遍。一旦学生的发音正确了，在正确发音的基础上不断地加快速度。以自然的语速（甚至稍快的语速）逐渐做到正确地说出词或词组。
- ✓ 学生把每个单词或词组运用到平日的实际口语中。（把单词或词组放在一个稍长的上下文中通常会增加挑战的难度）。老师将重复句子，并纠正学生的错误。学生要跟着老师重读，尽可能地模仿老师的发音。
- ✓ 首先，学生选择一个发音练习表。老师将会根据这些词向学生提问，学生要试着用发音练习表里的单词或词组回答问题。老师将重复这个句子，并纠正学生的错误。学生要跟着老师重读，尽可能地模仿老师的发音。

记住：跟专业的老师一起练习，再结合自学以及与母语人士交流，会是最有效的！